

Newsletter

"WHERE LEARNING IS AN ADVENTURE"



March/April 2024



DIRECTOR

Is Spring Fever Real?

by Debbie Batchman

Who would have ever thought that preschool-aged children would be effected by "spring fever" but they are!

If you are seeing these behaviors at home, you are not alone.

- * Bouncing off of walls
- * Sassiness or combativeness
- * Fighting with a friend or a sibling
- * Difficulty focusing on school work
- * Wanting to stay with you all of the time
- * Not listening or following directions

These are all signs that we see each spring. Our little ones are growing and trying to figure out why they feel the way they do. It leaves us adults wondering what has happened to our calm, quiet, perfect little ones!

Weather is changing, the days are getting warmer and longer - there is so much change going on around us. Let's look at some possible solutions.

- Allow extra time. You and I both know that when we're in a hurry, our children want to slow down.
- Routines help. Children need a sense of stability and safety. You can create this by keeping routines.
- More activities. Living in San Diego lends us to more sunny days than rainy ones. Plan outdoor activities.
- Enjoy your time. Try to relax amidst the chaos. It will help you and your children.
- Breathe. It's just a phase and it will pass.

DATES FOR YOUR CALENDAR & FORTHCOMING EVENTS

March

5th & 6th of March

Spring & Graduation Picture Days

7th & 8th of March

Dr. Seuss Funny Hats or Crazy Hair Days

14th and 15th of March

Bit O' Green Days -St. Patrick's Day Parties

25th and 26th of March

School T-shirt Days

28th and 29th of March

Spring Parades and Parties

April

1st - 5th of April

Spring Break - School is closed

22nd & 23rd of April

Earth Day Celebrations

28th and 30th of April

School T-shirt Days

Contact us:

Phone: (619) 224-7403

Email: debbie@sdpreschool.com

**3598 Talbot Street
San Diego, CA 92106**

Picture Days - 3/5 & 3/6

Tuesday and Wednesday, March 5th and 6th, Fiesta Photography is coming back for Spring and Graduation Photos.

Send no money, just smiles. A proof sheet will arrive at school approximately 1 week after picture day. There are no make-up days, so please have your child attend on picture days.

Portraits make great gifts. Instant digital downloads are available.

Note: Students in Ms. Armenta's and Mrs. Sanchez's classes will be taking graduation photos in addition to Spring photos.



Happy St. Patrick's Day! 3/14 & 3/15

It's just another reason to have fun and eat! Even if you are not Irish, put on something green and bring some green food to share with the class! Sign-up sheets for snacks are located next to the sign-in sheets in your child's classroom.

Festivities for the lads and lassies include:

- A wee bit of dancing traditional jigs
- Looking for rainbows and pots of gold
- Building leprechaun traps
- Yummy snacks!
- Rainbow artwork



Celebrating Dr. Seuss!

March 7th & 8th

We can't wait to celebrate the birthday of Theodore Geisel, otherwise known as Dr. Seuss! WPP students will have fun assembling a Dr. Seuss-themed snack and read from his many books.

During the first week in March, your child can choose to come to school in an awesome hat or a funny hair style. For details, please ask your child's teacher.

All of the classes will showcase all of their wonderful creations on our famous "Cat - in - the - Hat Runway" on March 7th and 8th.

Thank You

- To Chase's mom, Stephanie for the party supplies.
- For letting the school know when your child is going to be out.
- Stay home if you are sick. If your child has any symptoms within 24 hrs. of coming to school, keep them home until symptoms subside and they do not require medication.

HAPPY BIRTHDAY



Judy Palmer Stephens, the founder of Westminster Presbyterian Preschool, celebrates her 80th birthday in March and has as much passion for the children and her original philosophy that children learn by doing. Creativity is always emphasized. She is grateful to have such a wonderful community as well as the Westminster families and staff led by a talented director Debbie Batchman. Judy stops by the preschool every few months to see the children which is where her heart lies. Valerie, Judy's daughter resides in Goleta with her husband and four children. Her daughter is a principle and her husband is a teacher and president of the teacher's union.

Spring Parties - March 28th & 29th

We are celebrating the coming of Spring and the return of outdoor picnics as school-wide events!!! This year, we'll be having our pot-luck picnics! Parents are invited to attend. Picnics will be outside along with some fun activities for the children.

Each class is planning a party and egg/basket hunt. We would love to create a festive environment for the children, full of fun, frivolities and FOOD! If you would like to contribute food items, please look for the sign-up sheets located where you sign-in and out.



Earth Day Celebrations - April 22 & 23

Earth Day was first celebrated in 1970 to bring about environmental awareness. Each class will come up with its own way of depicting how special the earth is to them. Topics include: Caring for the ocean, organic gardening, recycling, and composting.

Here, in our Community Garden, classes will help pull weeds, water garden plots and plant a new crop of vegetables and fruit.



Events Coming Up:

May:

- **May 4th: Boy Scouts' Rummage Sale**
- **May 6th-10th: Staff Appreciation Week**
- **May 8th & 9th Mother's Day Teas (8:30-9:15am)**
- **May 27th: (Memorial Day—school is closed)**

June:

- **June 13th & 14th: Dad's Adventure Days (8 :30-9:15am)**
- **June 11th: Pre-K and KT Graduation: (at 6pm details to be announced)**
- **School-Wide Picnic/Biking Adventures: June 19 & 20 at 12pm. (last days of school)**