



January's Snack Menu

Westminster Presbyterian Preschool - 2023

Monday		Tuesday		Wednesday		Thursday		Friday	
2 School is closed.... Happy New Year!	All day.	AM 3 Mini muffins and bananas and Milk	PM Goldfish Crackers and Juice	AM 4 Apple Sauce w/graham crackers & Juice	PM Veggie Straws and Banana slices w/water	AM 5 Pretzel Rods w/pasta sauce and Juice	PM Pretzels and Cream Cheese with water	AM 6 Mozzarella Sticks with crackers and water	PM Cream cheese and crackers with Juice
AM 9 Yogurt Cups with Grape Nuts & Water	PM Cracker Mix with Juice	AM 10 Sliced Apples with Oyster Crackers & Milk	PM Cereal Mix with Grape Juice	Cooking: 11 "Hibernating Bears" with juice (see recipe)		AM 12 Bean & Cheese Burritos with Water	PM Apple Slices w/peanut butter & Milk	AM 13 Bagel Pizzas and Water	PM Round Crackers and Milk
HOLIDAY 16 Martin Luther King, Jr. Day	AM 17 Mixed Vegetables and Ranch dip w/water	AM 18 Rice Cakes w/Strawberry cream cheese & water	PM Goldfish Crackers with Apple Sauce & water	AM 19 Hummus and Pita crackers and Milk	PM Granola Bars with Milk	Cooking: 26 "Snowballs" and crackers with water		AM 20 Fruit Cups and Animal Crackers	PM Graham Crackers and Milk
AM 23 Spaghetti with Bread Sticks & Milk	PM Drinkable Yogurts with bread sticks	AM 24 Pretzel Rods and Cream Cheese with Juice	PM Cheese and Crackers with Juice	AM 25 Cracker Mix with Juice	PM Fruit Bars with Milk			AM 27 Cheesy Nachos with Water	PM Mozzarella Sticks with crackers and juice
Pajama Day 30 Pancakes, fruit, cereal, milk, juice	PM Bananas w/ oyster crackers	Pajama Day 31 French toast, fruit cereal, milk, juice							

